













COVID-19 Behavioral Health Task Force

October 9, 2020





Welcome to Behavioral Task Force Meeting

- You were automatically muted upon entry.
- Please keep yourself on mute throughout the meeting to limit feedback.
- Do not put us on hold.
- To unmute your line click on the microphone icon or press "*6" on your phone.
- Please use the chat feature for questions.

Thank you.



Agenda

- Housekeeping: Lauren Prole
- AHCCCS Update: Dr. Sara Salek
- ADHS Update: Teresa Ehnert
- Southern Arizona Crisis Line Update: Johnnie Gasper
- ❖ COVID-19 Hotline and Crisis Line Updates: Justin Chase
- The Az Opioid Assistance and Referral (OAR) Line: Dr. Daniel Brooks
- Questions, Open Discussion & Wrap-Up: All



AHCCCS Update

Dr. Sara Salek Chief Medical Officer AHCCCS



Public Health Emergency (PHE)

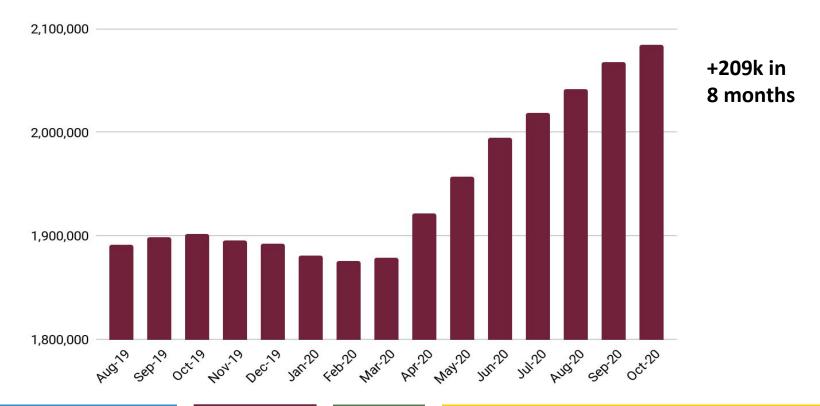
On October 2, 2020, U.S. Department of Health and Human Services Secretary Alex Azar <u>issued a renewal of the COVID-19 public health emergency</u>, effective October 23.

A full 90-day extension, this will extend the PHE through January 21, 2021.

This would make the current 6.2 percentage point FMAP enhancement available through Q1 2021.



AHCCCS Enrollment: August 2019 - September 2020





Where do I find the latest information about COVID-19?

- AHCCCS updates the FAQ document daily to reflect the latest guidance for providers, members and plans
- Please find guidance at: https://azahcccs.gov/AHCCCS/AboutUs/covid19FAQ.html





Learn more about coronavirus (COVID-19)





ENHANCED BY Google

Advanced search

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HOME

AHCCCS INFO

MEMBERS/APPLICANTS

PLANS/PROVIDERS

AMERICAN INDIANS

RESOURCES

FRAUD PREVENTION

CRISIS?

Home / Resources / Waiver / Pending Waivers / This Page

- ▼ Oversight of Health Plans
- Governmental Oversight

Federal and State Requirements

Legislative Sessions

Waiver

PCH SNCP Technical Amendment

COVID-19 Federal Emergency Authorities Request

IMD Waiver Amendment

SB 1092 Legislative Directive Waiver Proposal

American Indian Initiatives

Mental Health Parity

County Acute Care Contributions

Grants

Hospital Finance & Utilization Information

Health Plan Report Card

COVID-19 Federal Emergency Authorities Request

On March 17 and March 24, 2020, the Arizona Health Care Cost Containment System (AHCCCS) submitted requests to the Administrator for the Centers for Medicare and Medicaid Services (CMS) to waive certain Medicaid and KidsCare requirements to enable the State to combat the continued spread of 2019 novel coronavirus (COVID-19). AHCCCS is seeking a broad range of emergency authorities to:

- . Strengthen the provider workforce and remove barriers to care for AHCCCS members
- . Enhance Medicaid services and supports for vulnerable members for the duration of the emergency period
- · Remove cost sharing and other administrative requirements to support continued access to services

Arizona's request to CMS is posted below:

- Letter To CMS Administrator on COVID-19 Flexibilities (submitted March 17, 2020)
- Summary of Additional COVID-19 Flexibility Requests (submitted March 24, 2020)
- Summary of Additional COVID-19 Flexibility Requests (submitted April 17, 2020)

Status of AHCCCS Emergency Authority Requests 🏴 (updated Aug. 6, 2020)

CM5 approved components of Arizona's request under the 1135 Waiver, Appendix K and State Plan:

- CMS 1135 Waiver Approval Letter for COVID-19 Flexibilities !! (received March 23, 2020)
- CMS Medicaid Disaster Relief State Plan Amendment (SPA) Approval
 (received April 1, 2020)
- CMS 1115 Waiver Appendix K Approval Letter T (received April 6, 2020)
- CMS 1115 Waiver Approved Appendix K Document (received April 6, 2020)
- CMS Medicaid Disaster Relief State Plan Amendment (SPA) Approval, #2
 (received April 9, 2020)
- CMS CHIP Disaster Relief State Plan Amendment (SPA) Approval (received April 24, 2020)
- CMS 1135 Waiver Approval Letter for COVID-19 Flexibilities (received May 6, 2020)
- CMS Medicaid Disaster Relief State Plan Amendment (SPA) Amendment #3 (received May 22, 2020)
- CMS 1135 Waiver Approval Letter for COVID-19 Flexibilities
 (received July 9, 2020)

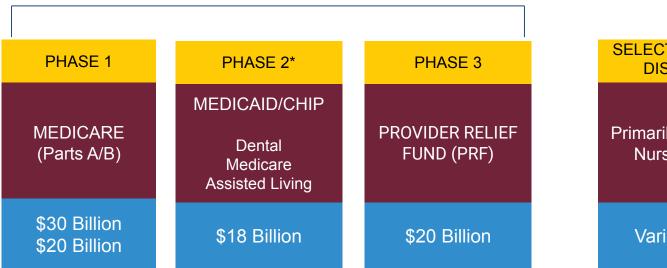
The allowances from CMS grant broad authority to Arizona to tailor changes to best serve its citizens. AHCCCS will make decisions about how and when these changes will be implemented.

AHCCCS will pursue the extension of some of the flexibilities granted 🌹 (updated 7/21/2020) during the public health emergency.



CARES Act Provider Relief Funding

GENERAL DISTRIBUTION



SELECTED TARGETED DISTRIBUTION

Primarily Hospitals And Nursing Facilities

Varied Amounts

To date, HHS has allocated approximately \$144 billion of the \$175 billion in congressionally-appropriated Provider Relief Funding.



CARES Act Provider Relief Funding - Phase 3

The funds will be open to previously ineligible providers (e.g., those who began practicing in 2020) and will permit those who have already received funds through previous distributions to apply for additional funding that reflects financial losses and changes in operating expenses due to the pandemic.

Providers can begin applying for funds on Monday, Oct. 5 and will have through Nov. 6, 2020 to apply.

The agency explained that the distribution is intended to give all applicants 2% of annual revenue from patient care, plus provide an additional amount to offset providers' COVID-19 revenue losses and expenses.



AHCCCS Flu Vaccine Strategy During COVID-19

- Multi-pronged strategy to:
 - Reimburse pharmacies for flu vaccine and administration for children 3 through 18
 - Reimburse flu vaccine and administration for eligible EMS providers
 - Increase rates for flu vaccine and administration codes by 10%
 - Provide a \$10 gift card to all managed care members who obtain an flu vaccine





ADHS Update

Teresa Ehnert
Bureau Chief, Public Health Emergency Preparedness
Health Emergency Operation Center/ ESF8
PHEP/HPP Director, Arizona



Southern Arizona Crisis Line Update

Johnnie Gasper Manager - Crisis System Arizona Complete Health





Crisis System-Overview



IB Episodes and Primary Presentation

- Consistent with August 2019 data-still under 12 month rolling
- September shows reduction in volume by comparison to August annually
- Primary presentation data shared below for baseline

	CY2019 Avg	Rolling 12	Change
Anxiety	25.5%	26.8%	1.4%
Self-harm/Suicidal	20.1%	17.9%	-2.2%
Psychosis	14.1%	13.9%	-0.2%
Substance use/abuse	6.0%	6.5%	0.4%
Coordination of care	7.6%	9.7%	2.1%
DTO	4.9%	5.0%	0.1%
Agression	3.9%	4.9%	1.0%
Depression	5.7%	5.1%	-0.6%
Social Concerns	3.2%	3.4%	0.2%
Other	3.9%	2.1%	-1.8%
Medical/medications	1.7%	1.7%	0.0%
DV	1.6%	1.3%	-0.3%
Housing problems	1.2%	1.1%	-0.1%
Follow up	0.7%	0.6%	-0.1%

	CY2019 Avg	Rolling 12	Sep-20	Change CY2019	Change Rolling 12
Anxiety	25.5%	26.8%	26.2%	0.8%	-0.6%
Self-harm/Suicidal	20.1%	17.9%	18.4%	-1.7%	0.5%
Psychosis	14.1%	13.9%	16.0%	1.9%	2.1%
Substance use/abuse	6.0%	6.5%	7.1%	1.1%	0.7%
Coordination of care	7.6%	9.7%	6.8%	-0.8%	-2.9%
DTO	4.9%	5.0%	5.5%	0.6%	0.5%
Agression	3.9%	4.9%	5.5%	1.6%	0.6%
Depression	5.7%	5.1%	4.9%	-0.7%	-0.2%
Social Concerns	3.2%	3.4%	3.2%	-0.1%	-0.3%
Other	3.9%	2.1%	2.3%	-1.6%	0.2%
Medical/medications	1.7%	1.7%	1.7%	0.0%	0.0%
DV	1.6%	1.3%	1.2%	-0.4%	-0.1%
Housing problems	1.2%	1.1%	0.6%	-0.5%	-0.4%
Follow up	0.7%	0.6%	0.5%	-0.2%	-0.1%

*Rolling 12 is taken from September 2019-August 2020

COVID-19 Hotline, Crisis Line & Resilient Arizona Updates

Justin Chase , LMSW, CPHQ, FACHE
Chief Executive Officer
Crisis Response Network





211 Statewide COVID-19 Hotline



COVID-19 Hotline - Program Data Report

Report Dates: 3/20/2020 through 10/7/2020

	Program Summary	
COVID-19 Hotline Inbound Calls	51,706	
COVID-19 Hotline Calls Handled by Agent	12,343	
Transferred to Poison Control	12,626	



Statewide COVID-19 Hotline



Primary	Reason	for	Call

Best sources of information

Information about COVID-19 (symptoms, how it's contracted/spread, vulnerable populations, etc)

Other

Testing information and availability

Travel, events, group gatherings

Resources: Financial assistance (eviction prevention, utility assistance, etc.)



Crisis Line Updates August vs. September 2020

Measure	August 2020	September 2020	Variance
Total Call Volume	22,419	21,391	4.6% Decrease
Mobile Team Dispatches	2,230	2,339	4.9% Increase
Reasons for Call			
Depression	622	684	10.0% Increase
Anxiety	842	897	6.5% Increase
Medical	354	314	11.3% Decrease
Suicidal/Self-Harm	2,670	2,723	2.0% Increase
Domestic Violence	89	95	6.7% Increase
Population			
Adults	9,676	9,865	2.0% Increase
Children (<18)	1,496	1,757	17.4% Increase



Crisis Line Updates (2019 vs 2020)

Measure	September 2019	September 2020	Variance
Total Call Volume	23,695	21,391	9.7% Decrease
Mobile Team Dispatches	2,369	2,339	1.3% Decrease
Reasons for Call			
Depression	532	684	28.9% Increase
Anxiety	618	897	45.1% Increase
Medical	299	314	5.0% Increase
Suicidal/Self-Harm	2,743	2,723	0.7% Decrease
Domestic Violence	110	95	13.6% Decrease
Population			
Adults	8,304	9,865	18.8% Increase
Children (<18)	1,722	1,757	2.0% Increase

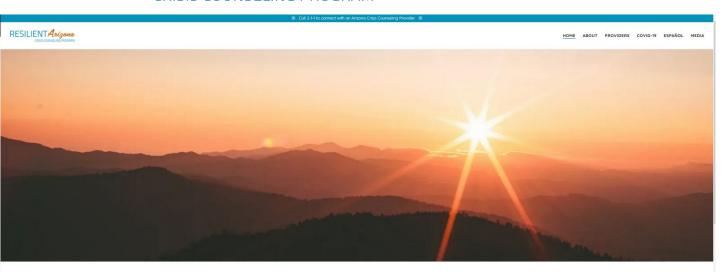


Crisis Line Updates (2019 vs 2020)

Measure	March-September 2019	March-September 2020	Variance
Total Call Volume	163,851	150,311	8.3% Decrease
Mobile Team Dispatches	15,400	14,453	6.1% Decrease
Reasons for Call			
Depression	3,895	4,257	9.3% Increase
Anxiety	4,556	6,089	33.6% Increase
Medical	2,485	2,548	2.5% Increase
Suicidal/Self-Harm	18,040	17,359	3.8% Decrease
Domestic Violence	844	721	14.6% Decrease
Population			
Adults	62,874	66,036	5.0% Increase
Children (<18)	10,164	9,524	6.3% Decrease



RESILIENTArizona CRISIS COUNSELING PROGRAM







What we do

Resilient Arizona Crisis Counseling Program is a federally funded program that helps people and communities recover from the effects of

Free and confidential

Our services are 100% free and confidential.

Providers

Resilient Arizona providers are located throughout Arizona and specialize in shortterm counseling and emotional support. Dial 2-1-1 to connect with a provider today.

Visit www.resilientarizona.org





CALL 2-1-1 TO CONNECT WITH A CRISIS COUNSELING PROVIDER.

CENTRAL ARIZONA

















NORTHERN ARIZONA



Phone: 928-714-53-40









SOUTHERN ARIZONA

















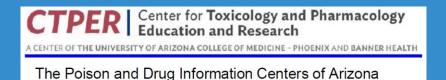
Primary Service	Number Served
Unique Referrals	2367
Individual Crisis Counseling	727
Group Counseling/Public Education	642
Brief Educational/Supportive Contact	1579
Total Unique Interactions	2948



CRISIS COUNSELING PROGRAM

Other Contacts/Materials Distributed	
Hotline/helpline/lifeline contact	332
Telephone contact	1024
E-mail contact	2066
Community networking and coalition building	1052
Material handed to people	4496
Material mailed to people	2021
Material left in public places	5365
Mass media	49
Social networking messages	642
Total	17,216

The Az Opioid Assistance and Referral (OAR) Line





Daniel E. Brooks MD

Medical Director; Banner Poison & Drug Information

Center

Center for Toxicology and Pharmacology Education &

AHCCRSsearch; UofA College of Medicine-Phoenix

The Az Opioid Assistance

and Referral (OAR) Line

888-688-4222

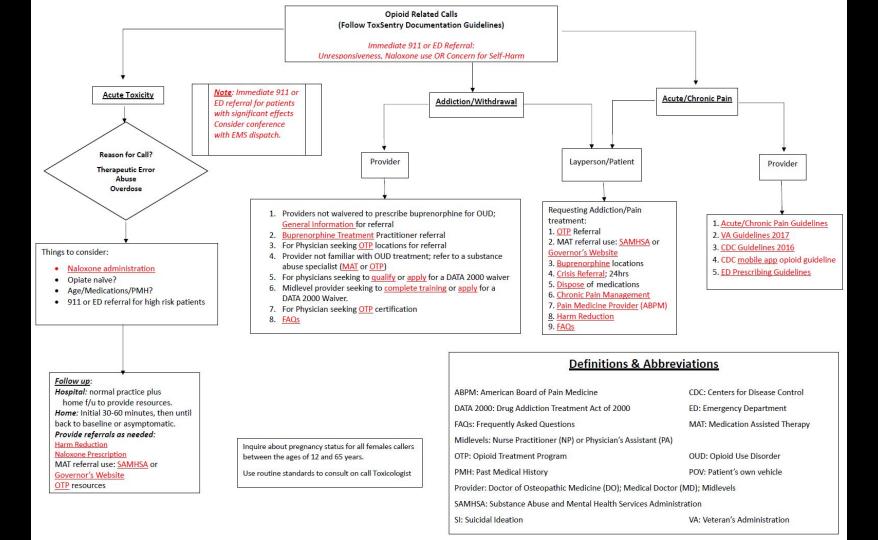
The Arizona Opioid Assistance and Referral Line

Partnership between CTPER and Az DHS

OAR Line

888-688-4222

Went Live March 26, 2018



Standard Operating Procedures:

CTPER Opioid Call Service

 Purpose a. The OCS hotline is a collaboration between the AzDHS, APDIC, CTPER, and

c. To outline the Opioid Call Service's SOPs.

- BPDIC following the Governor's mandate to address the opioid epidemic in Arizona by finding the best treatments and reducing barriers to care1. b. To establish and maintain the Opioid Call Service (OCS) to provide information,
- resources and professional consultation for all opioid-related injuries and illnesses (including toxicity, chronic pain and withdrawal) on a 24/7/365 basis.

a. The APDIC and BPDIC will staff a 24-hour hotline and provide any available

2. Scope

- assistance, information, and/or referral to medical providers and lay person
- seeking information regarding the risks, treatment, prevention, and professional
- consultation for all opioid-related injuries and illnesses. b. Methadone can only be prescribed and dispensed for the purposes of MAT by
- qualified physicians licensed to operate an OTP c. DATA 2000, part of the Children's Health Act of 2000, permits physicians who meet certain qualifications to treat opioid dependency with narcotic medications
 - approved by the FDA, including buprenorphine, in treatment settings other than OTPs d. Approved medications indicated for the treatment of substance use disorders and
 - prevent opioid overdose. Buprenorphine (Subutex® sublingual)
 - Buprenorphine/Naloxone (Suboxone® oral and Zubsoly® sublingual) Methadone (Dolophine®)
 - Naloxone (Narcan®)
 - 3. Procedure
 - a. Answering the phone:
 - - - 2. Will we route after-hours layperson to CACL?
 - a. 602-222-9444 (local)

Naltrexone (Revia® PO and Vivitrol® IV)

- b. 800-631-1314 (toll-free)
- c. 800-327-9254 (TTY)
- d. 877-756-4090 (Northern AZ)
- e. 602-47-1100 (Warm Line)

Answer the line with "TBD Hotline, this is (my name) how can I help you? 1. How will we redirect callers on overnights and weekends

OAR Line Data: September 2020 Calls

Total Opioid Related Calls	311
Total OAR line calls	62
Total GAN line cans	02
Total Opioid PCC calls:	249
Magellan Project	0
Number of post overdose patients referred to MAT	9
Number of post-overdose patients linked to the OAR line by hospital staff	8
Number of staff hired to deliver virtual case management services	0
Number of hours dedicated to virtual case management services	104
Number of healthcare providers that received academic detailing services through OAR	114
Opioid-related deaths called to PCs	0

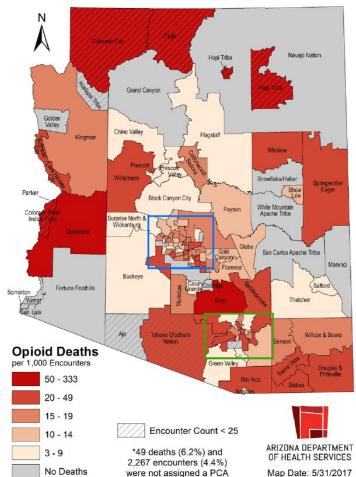
OAR Line Data: 2020 1st Quarter Report

All calls:	832
Exposure/Clinical Calls:	491
Information Calls:	341
Provider calls:	394
Patient / Caregiver (layperson) calls:	478
Calls via OAR Line:	200
Calls via other (non-OAR) PCC Lines:	672
Number of post overdose patients referred to MAT	54
Number of post-overdose patients linked to the OAR line by hospital staff	55
Number of hours dedicated to virtual case management services	282
Number of staff hired to deliver virtual case management services	0
Number of healthcare providers that received academic detailing services through OAR.	916
Opioid-related deaths called to PCS	1

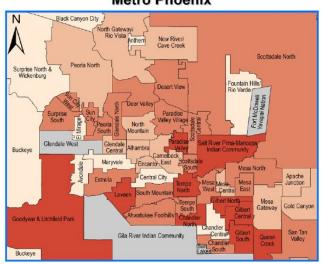
OAR Line Data: 2020 1st Quarter Report

Clinician Temp	Arizona	Arizona PCC Line	
Clinician Type	OAR Line		
Physicians (MD, DO)	47	238	
Physician Assistants	1	6	
Nurse Practitioners	3	8	
Dentists	0	0	
Mental Health Professional	5	0	
Pharmacists		5	
Other	0	0	
Medical Resident	0	6	
Registered Nurse (RN)	4	50	
Podiatrist	0	0	
Other Health Professional (EMTP,MA)	4	13	
Other (Please Specify)	. 1	2	
Totals	66	328	
Grand total (=total provider calls)	394		

Opioid Deaths per 1,000 Encounters by Primary Care Area (PCA), 2016*



Metro Phoenix



Metro Tucson



	County	
OAR Line Data:	Apache	
OAN LINE Data.	Cochise	
	Coconino	
2020 1st Quarter	Gila	
<u>zuzu i Guarter</u>	Graham	
	Greenlee	
	La Paz	
	Maricopa	
	Mohave	
	Navajo	
	Pima	
	Pinal	
	Santa Cruz	
	Yavapai	
	Yuma	
	Unknown	
	Total	

Total Opioid Calls

OAR Line Data: 2020 1st Quarter Report

	Drug Type	Arizona OAR Line	Arizona PCC Line
1.	Oxycodone	26	127
2.	Oxycodone/ APAP	7	40
3.	Hydrocodone/APAP	5	36
4.	Heroin	15	70
5.	Morphine/Oxycontin	8	23
6.	Tramadol	2	52
7.	Fentanyl	36	71
8.	Methadone	6	34
9.	Suboxone/Buprenorphine	6	34
10.	Kratom	0	9

OAR Line: Total calls (3/26/20 - 9/1/20)

Total Opioid-related calls: 11, 542

Total Calls via the OAR Line: 1,558 (13.5%)

Patient 'Enrollment' - Passive Process

HCF staff identify patients with opioid-related issues

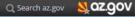
Inform patient about the OAR Line Services

Verbal consent for involvement (confirm contact info)

Call OAR Line with: Patient name Contact info (cell, email)

Substance Issue

OAR Line staff perform at least two follow-up calls (2d and 1wk)



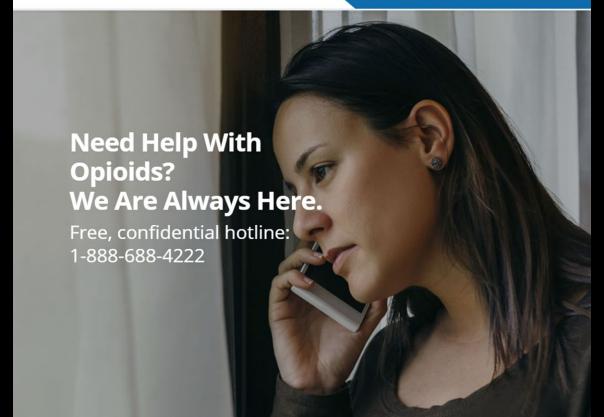


☆ HON

▶ PATIENT

▶ PROVIDER

▶ ABOUT



<u>OAR Line Advertising</u>

The Az Opioid Assistance & Referral (OAR) Line

01-888-688-4222

Free, confidential, **24/7 Artzona** helpline for all opioid related questions, resources and treatment referrals.

Trained pharmacist and nurses available to all callers.

Providers (only) can also consult MD toxicologists.

Reminders

Clinic:	
Phone Number:	
Date:	
Provider:	
Medications:	



All calls are free and confidential



Arizona Opioid Assistance & Referral Line (The Az OAR Line)

1-888-688-4222

Opioid Questions? We can help with....

- ✓ Referrals for treatment or pain specialists.
- ✓ Concerns about opioid use and weaning.
- ✓ Using opioids for acute and chronic pain.
- Education about naloxone (Narcan®) or other supplies.
- Questions about opioid use during pregnant or breastfeeding.
- √ New opioid laws and prescribing guidelines.

Calls are free and confidential

Answered by medical experts 24/7







The OAR line is a joint project between the Arizona Department of Health Services, The Arizona Health Care Cost Containment System and the Poison and Drug Information Centers

Questions / Slides

daniel.brooks@bannerhealth.com

602-402-8210 (cell)

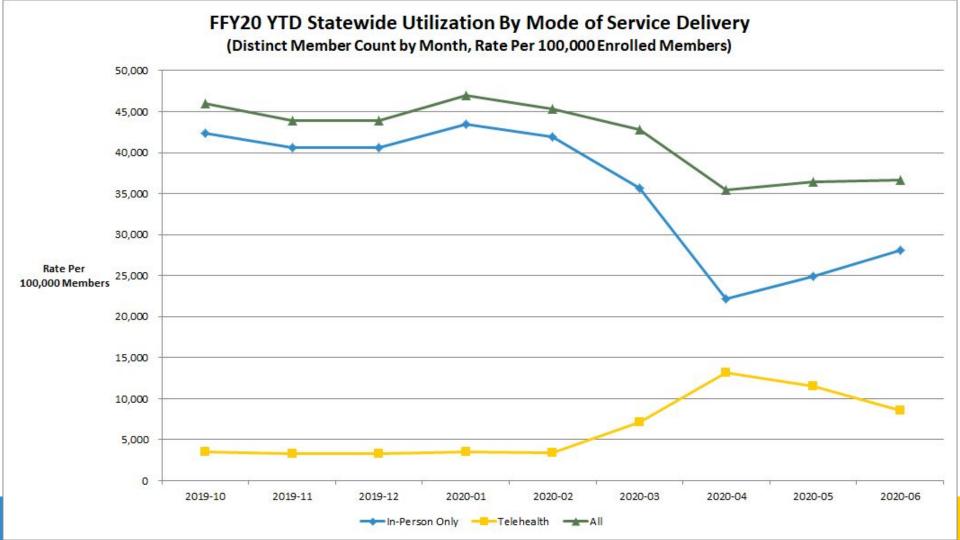
OAR LINE: Azdhs.gov/oarline/

CTPER: https://phoenixmed.arizona.edu/ctper

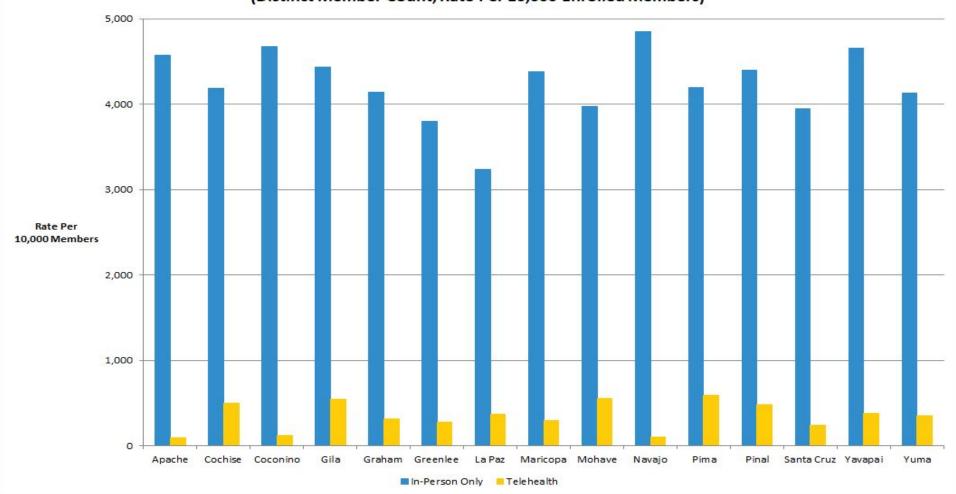
Telehealth Utilization Analysis

Will Buckley
Business Intelligence Manager
Division of Healthcare Management - AHCCCS

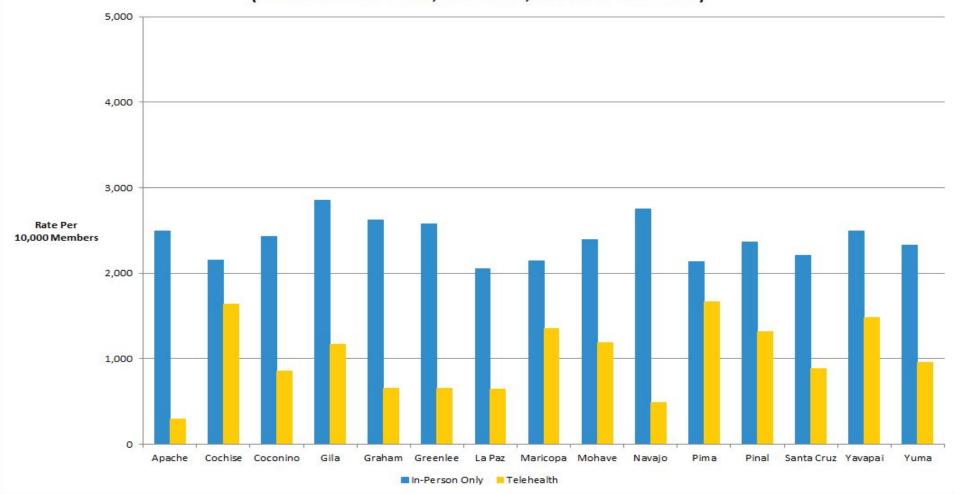




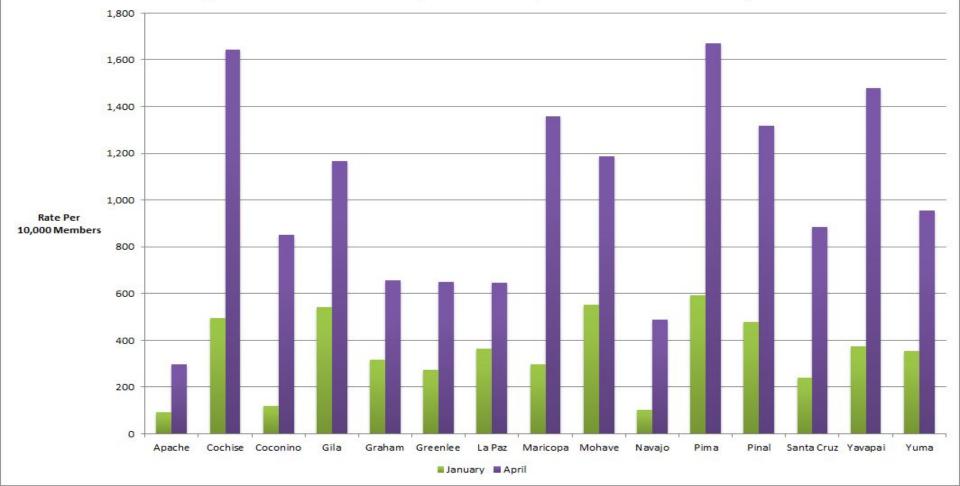
January 2020 County-Level Utilization By Mode of Service Delivery (Distinct Member Count, Rate Per 10,000 Enrolled Members)



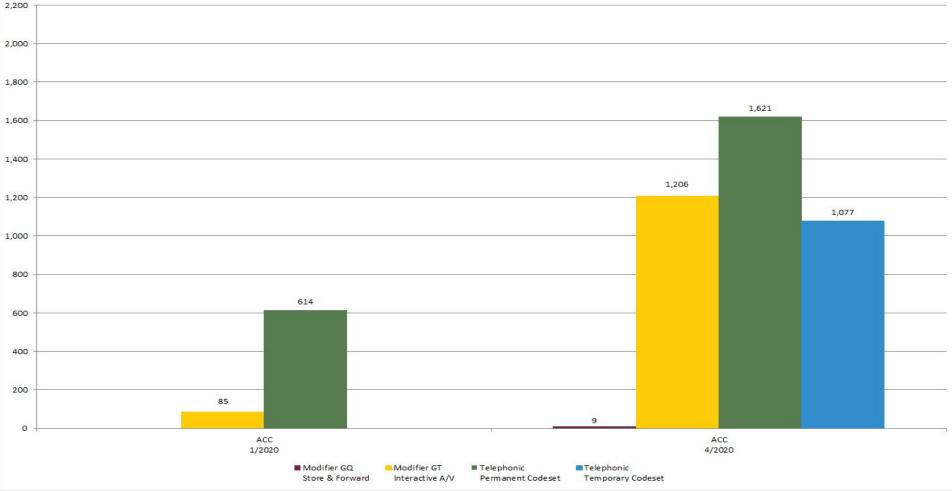




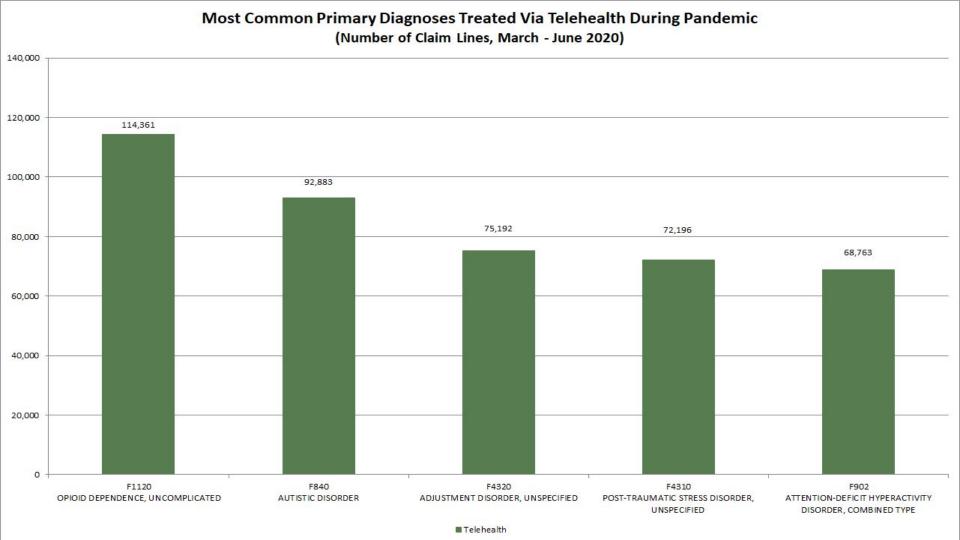
County-Level Telehealth Utilization Comparison: January Relative to April (Distinct Member Count, Rate Per 10,000 Enrolled Members)

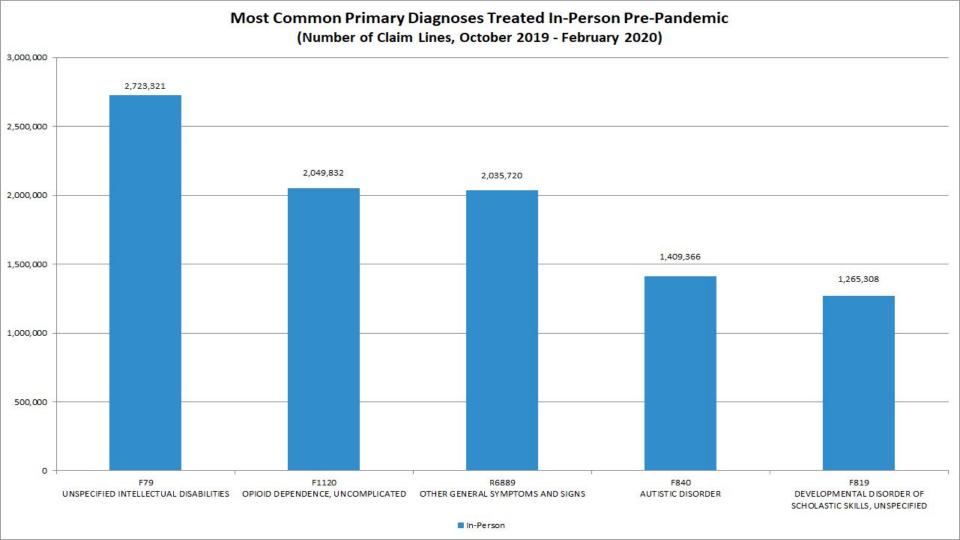


of ACC Claim Lines by Telehealth Mode of Delivery (Rate Per 10,000 Enrolled Members)



Most Common Primary Diagnoses Treated Via Telehealth Pre-Pandemic (Number of Claim Lines, October 2019 - February 2020) 80,000 74,673 70,000 60,000 50,000 43,695 42,941 40,718 40,530 40,000 30,000 20,000 10,000 0 F319 F902 F4320 F250 F4310 BIPOLAR DISORDER, UNSPECIFIED ADJUSTMENT DISORDER, UNSPECIFIED SCHIZOAFFECTIVE DISORDER, BIPOLAR TYPE ATTENTION-DEFICIT HYPERACTIVITY POST-TRAUMATIC STRESS DISORDER, DISORDER, COM UNSPECIFIED ■ Telehealth





(Number of Claim Lines, March - June 2020)

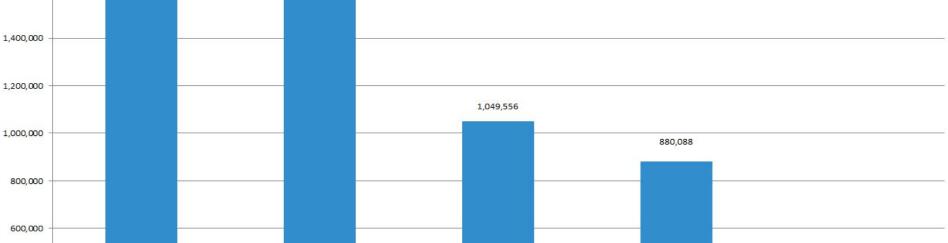
Most Common Primary Diagnoses Treated In-Person During Pandemic

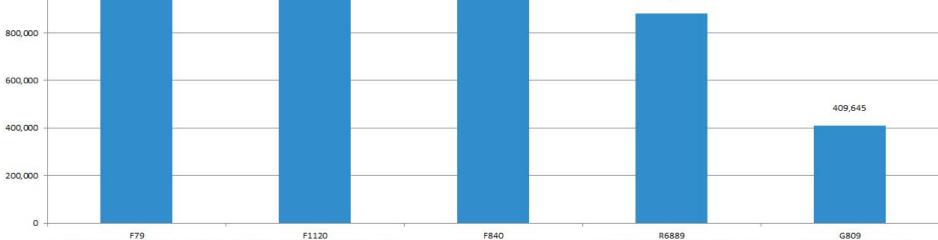
1,800,000

1,600,000

1,708,572

UNSPECIFIED INTELLECTUAL DISABILITIES OPIOID DEPENDENCE, UNCOMPLICATED





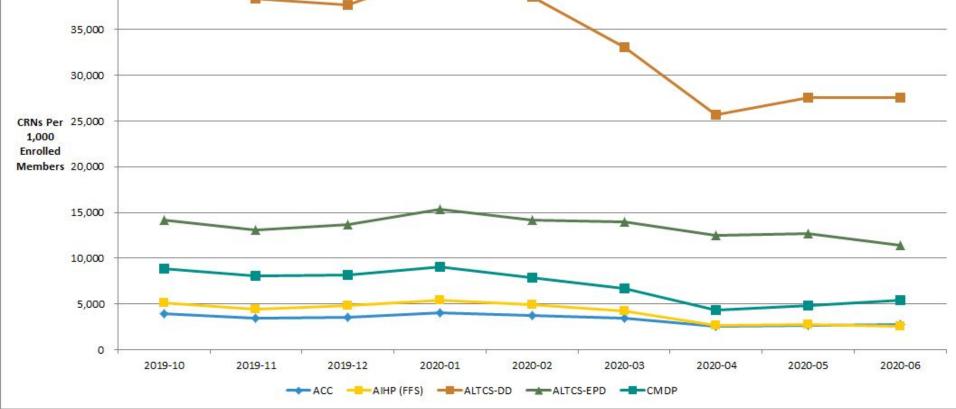
AUTISTIC DISORDER

In-Person

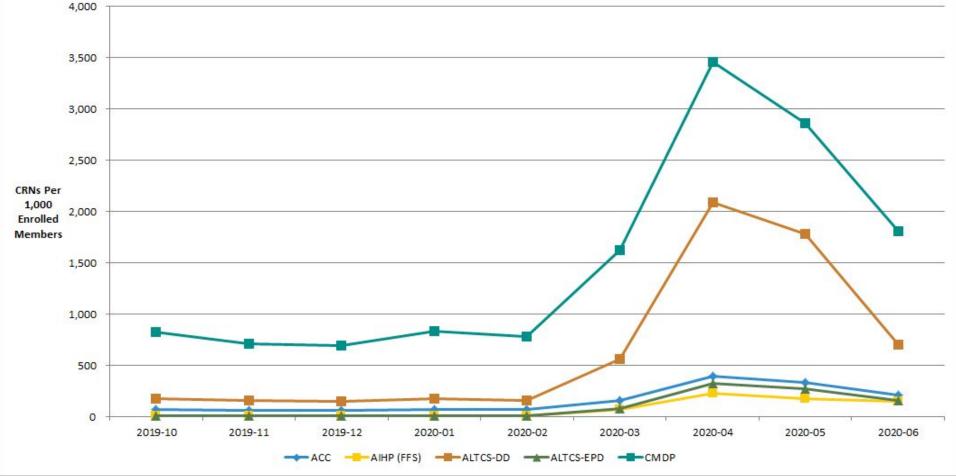
CEREBRAL PALSY, UNSPECIFIED

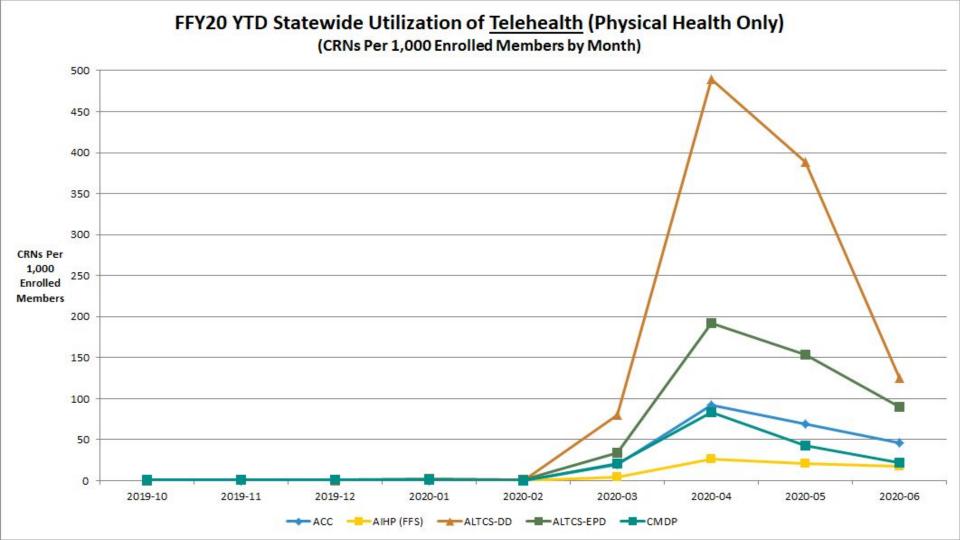
OTHER GENERAL SYMPTOMS AND SIGNS

FFY20 YTD Statewide Utilization In-Person Only (Physical & Behavioral Health) (CRNs Per 1,000 Enrolled Members by Month) 45,000 35,000 30,000

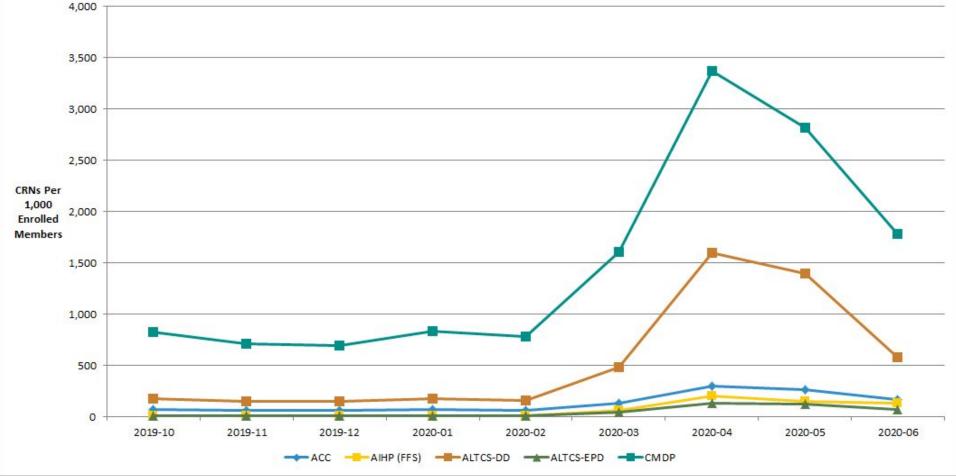


FFY20 YTD Statewide Utilization of <u>Telehealth</u> (Physical & Behavioral Health)
(CRNs Per 1,000 Enrolled Members by Month)





FFY20 YTD Statewide Utilization of <u>Telehealth</u> (Behavioral Health Only) (CRNs Per 1,000 Enrolled Members by Month)











Questions, Open Discussion & Wrap Up

Next Meeting - October 23rd

(Meetings are every other Friday)



Thank you!

Future Topics - Send topics you want to discuss to lauren.prole@azahcccs.gov

