

If you are an uninsured or underinsured adult with a Serious Mental Illness (SMI) designation, a child with a Serious Emotional Disturbance (SED) designation, or an individual who is experiencing symptoms of Early Serious Mental Illness (ESMI) including First Episode Psychosis (FEP), mental health treatment services are available to you regardless of health insurance coverage. Adults who are not eligible for AHCCCS are covered under the Mental Health Block Grant (MHBG).

What mental health services are available?

Adults with SMI, children with SED, individuals experiencing symptoms of ESMI, and individuals experiencing FEP, who are uninsured or underinsured, have access to services that include, but are not limited to:

- Behavioral health counseling and therapy,
- Family support,
- Peer support,
- Crisis services,
- Transportation, and
- Medication and medication management.

For more information on behavioral health health services, please see AHCCCS Medical Policy Manual Chapter 320-T1.

These grant-funded services also cover individuals who are awaiting a decision about AHCCCS eligibility.

How can I find out if I qualify for SMI or SED?

An SMI or SED designation requires a qualifying diagnosis that is determined to substantially interfere with everyday living activities. To find out if you qualify for MHBG funded services, please contact one of the AHCCCS Complete Care Plans with Regional Behavioral Health Agreements or Tribal Regional Behavioral Health Authorities.

How can I access mental health treatment services, even if I don't have health insurance?

To find a provider who can best meet your needs, please contact an AHCCCS Complete Care Plan with a Regional Behavioral Health Agreement or a Tribal Regional Behavioral Health Authority.

The Arizona Health Care Cost Containment System (AHCCCS) is committed to ensuring the availability of timely, quality health care. If you know of an AHCCCS member who is unable to access health services, or if you have a concern about the quality of care, please call your AHCCCS health care plan's Member Services number. If your concern is not resolved, please call AHCCCS Clinical Resolution Unit at 602-364-4558, or 1-800-867-5308.

