



A Peer and Recovery Support Specialist (PRSS) is someone with lived experience of behavioral health and/or substance use recovery who has received specialized training on how to use their experience to help others. A PRSS works with individuals during their recovery journey, sharing skills, coaching, and providing support.

What is Peer Support?

Peer support is many things, and often dependent upon the needs of the individual being served. It is:

- Delivered by individuals who have common lived experiences of recovery.
- Based on shared connection and understanding of experiences.
- Able to lessen feelings of isolation, increase practical knowledge, and sustain coping efforts.
- Available to individuals throughout their levels of care.
- Support, strength, and most importantly, hope, which allows for personal growth, wellness and recovery.

If you are in recovery from behavioral health and/or substance use issues, and want to use your experience to support others in their recovery, consider becoming a Peer Recovery Support Specialist.

To be employed as a PRSS in Arizona, individuals must complete an approved training program and pass a competency exam. There are many training programs across the state, and while all trainings cover behavioral health and substance abuse, some trainings also focus on criminal justice involvement or other specialized topics such as Opioid Use Disorder (OUD).

AHCCCS-approved training programs are listed on the second page of this document. Visit their websites or contact them for training availability and enrollment. AHCCCS members may contact an employment specialist for assistance

The Arizona Health Care Cost Containment System (AHCCCS) is committed to ensuring the availability of timely, quality health care. If you know of an AHCCCS member who is unable to access health services, or if you have a concern about the quality of care, please call your AHCCCS health care plan's Member Services number. If your concern is not resolved, please call AHCCCS Clinical Resolution Unit at 602-364-4558, or 1-800-867-5308.

AHCCCS-Approved Peer Recovery Support Specialist Training Programs

Arizona Complete Health	480-689-1995	azcompletehealth.com
CHEEERS	602-246-7607	cheeers.org
CODAC	520-327-4505	codac.org
Community Bridges, Inc.	877-931-9142	communitybridgesaz.org
ConnectionsAZ	Phoenix 602-476-7600; Tucson 520-301-2400	connectionsaz.org
COPA Health	480-969-3800	copahealth.org
Coyote Task Force	520-884-5553	ctftucson.org
Crossroads	602-263-5242	thecrossroadsinc.org
Four Directions, LLC.	480-699-2344	4directionsllc.com
Health Choice Arizona	800-322-8670	healthchoiceaz.com
Hope Lives/Vive La Esperanza	Phoenix 855-747-6522; Flagstaff 928-440-5002	hopelivesaz.org
HOPE, Inc.	520-770-1197	hopearizona.org
La Frontera, EMPACT	520-884-9920	lafronteraaz.org
Lifewell	602-808-2822	lifewell.us
MIKID	602-253-1240	mikid.org
NAMI Southern Arizona	520-622-5582	namisa.org
NAZCARE	928-442-9205 ext. 0	nazcare.org
NCADD Phoenix	602-264-6214	ncadd-phx.org
Recovery Empowerment Network (REN)	602-248-0368	renaz.org
Resilient Health	877-779-2470	resilienthealthaz.org
RI International	866-481-5361	riinternational.com
Southwest Behavioral & Health Services	602-265-8338	sbhservices.org
STAR	602-685-1296	thestarcenters.org
Terros Health	602-685-6000	terroshealth.org
The Guidance Center	928-527-1899	tgcaz.org
Transitional Living Center (TLCR)	Casa Grande 520-423-9941; Yuma 928-261-8668	tlcrecoverycasagrande.com ; tlcrecoveryyuma.com
University of Arizona	520-621-1642	fcm.arizona.edu/workforce-development-program
WholeLife Community	602-899-1033	wholelifearizona.com