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# Q1: What is a Doula?

A1: A Doula is a trained nonmedical professional who may provide continuous physical, emotional, and informational support to families before, during, and after childbirth for a period of one year after birth or in the case of loss and who may serve as a liaison between the birth parents and medical and social services staff to improve the quality of medical, social, and behavioral outcomes.

#### Q2: What is a Certified Doula?

A2: In 2021, Governor Ducey signed <u>Senate Bill 1811</u> establishing the Voluntary Licensing Program for Doulas in Arizona. A "Certified Doula" means the Arizona Department of Health Services (ADHS) has issued a certificate to an individual who meets the qualifications. A Doula license is voluntary. This means that a doula does not need to be certified by ADHS in order to practice as a doula in the state of Arizona.

#### Q3: How does a Doula obtain voluntary certification?

**A3:** Doulas can obtain a voluntary certification through the Arizona Department of Health Services (ADHS). See ADHS <u>Doulas Special Licensing</u> for more information.

#### Q4: Does a Doula need to be an AHCCCS Registered Provider to bill for Doula services?

**A4:** Yes, a Certified Doula needs to be registered with AHCCCS. To enroll as an AHCCCS registered provider, providers may use the <u>AHCCCS Provider Enrollment Portal</u>. AHCCCS will update this page with an effective date once more information becomes available.

### Q5: Is Doula Certification required in order to bill Medicaid for services provided?

**A5:** Yes. AHCCCS will only reimburse services provided by a Certified Doula.

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## Q6: What Medical Codes are Doulas allowed to submit for claims?

**A6:** The following Medical Codes are allowed to submit for claims:

- T1032 Services performed by a Doula birth worker, per 15 minutes (up to 5 3/4 hours)
- T1033 Services performed by a Doula birth worker, per diem (6 hours or more)

# Q7: When can a Certified Doula begin submitting claims with AHCCCS?

A7: AHCCCS has submitted a State Plan Amendment to the Centers for Medicare and Medicaid Services (CMS). AHCCCS will update this page with an effective date once more information becomes available. Once the program is operational, Certified Doulas will be able to submit claims for services that have been provided on or after the effective date of the program.

#### Q8: Who is eligible to receive Doula services?

**A8:** All AHCCCS members are eligible to receive services from Certified Birthing Doulas.

## Q9: Who is the rate for reimbursement?

**A9:** Rates for reimbursement have not yet been determined.

## Q10: Will Doula Services require prior authorization?

A10 Doula Services will not require prior authorization from a practicing physician. Doula Services may be provided at the request of the member.

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