

**DEPARTMENT OF HEALTH & HUMAN SERVICES**

Centers for Medicare & Medicaid Services  
601 E. 12th St., Room 355  
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

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February 22, 2023

Carmen Heredia, Director  
Arizona Health Care Cost Containment System  
801 East Jefferson Street  
Phoenix, AZ 85034

Re: Arizona State Plan Amendment (SPA) 22-0029

Dear Ms. Heredia:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 22-0029. This amendment adds Community Health Worker (CHW) services.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations. This letter is to inform you that Arizona Medicaid SPA 22-0029 was approved on February 21, 2023 with an effective date of April 1, 2023.

If you have any questions, please contact Brian Zolynas at 415-744-3601 or via email at [Brian.Zolynas@cms.hhs.gov](mailto:Brian.Zolynas@cms.hhs.gov)

Sincerely,

James G. Scott, Director  
Division of Program Operations

cc: Alex Demyan, AHCCCS  
Dana Flannery, AHCCCS  
Ruben Soliz, AHCCCS

**TRANSMITTAL AND NOTICE OF APPROVAL OF  
STATE PLAN MATERIAL  
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER  
22- 0029

2. STATE  
AZ

3. PROGRAM IDENTIFICATION: TITLE XIX OF THE  
SOCIAL SECURITY ACT

TO: CENTER DIRECTOR  
CENTERS FOR MEDICAID & CHIP SERVICES  
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE  
~~January 1, 2023~~ April 1, 2023

5. FEDERAL STATUTE/REGULATION CITATION  
~~42 CFR 440.60~~ Title XIX of the Social Security Act

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)  
a. FFY 23 \$ ~~TBD~~ \$1,589,200  
b. FFY: 24 \$ ~~TBD~~ \$971,300

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT  
Attachment 3.1-A Limitations, page ~~6~~ **9(a)**

8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION  
OR ATTACHMENT (If Applicable)  
Attachment 3.1-A Limitations, page ~~6~~ **9(a)**

9. SUBJECT OF AMENDMENT  
Adds Community Health Worker (CHW) services to the state plan.

10. GOVERNOR'S REVIEW (Check One)

GOVERNOR'S OFFICE REPORTED NO COMMENT  
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED  
 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

OTHER, AS SPECIFIED:

11. SIGNATURE OF STATE AGENCY OFFICIAL  


15. RETURN TO  
Dana Flannery  
801 E. Jefferson, MD#4200  
Phoenix, AZ 85034

12. TYPED NAME  
Dana Flannery

13. TITLE  
Assistant Director

14. DATE SUBMITTED:  
December 8, 2022

**FOR CMS USE ONLY**

16. DATE RECEIVED  
**December 8, 2022**

17. DATE APPROVED  
February 21, 2023

**PLAN APPROVED - ONE COPY ATTACHED**

18. EFFECTIVE DATE OF APPROVED MATERIAL  
**April 1, 2023**

19. SIGNATURE OF APPROVING OFFICIAL

20. TYPED NAME OF APPROVING OFFICIAL  
**James G. Scott**

21. TITLE OF APPROVING OFFICIAL  
**Director, Division of Program Operations**

22. REMARKS  
**State authorized pen and ink changes to Box 4 on 02/14/2023 and to Boxes 5, 6, 7, and 8 on 02/16/2023.**

**13b. Screening services.**

Coverage is available for evidence-based medically necessary screening services for children based on guidelines from the American Academy of Pediatrics and CDC/IACIP for immunizations.

Coverage is available for evidence-based medically necessary screening services for adults which are based, in part, on guidelines from the U.S. Preventive Services Task Force.

**13c. Preventive services.**

Coverage is available for evidence-based medically necessary preventive services. Services must be recommended by a physician or other licensed practitioner of the healing arts acting within the scope of authorized practice under State law to (1) prevent disease, disability, and other health conditions, (2) prolong life; and (3) Promote physical and mental health efficacy. Services for children are based on guidelines from the American Academy of Pediatrics and CDC/ACIP for immunizations. Services for adults are based, in part, on guidelines from the U.S. Preventive Services Task Force. In addition to the services specified under section 4106 of the Affordable Care Act, Arizona covers, without cost-sharing, services specified under PHS 2713 which is in alignment with the Alternative Benefit Plans.

Coverage is available for Diabetes Self-Management Training (DSMT) outpatient services. DSMT is a nationally recognized program that supports individuals with developing the knowledge and skills to self-care for their diabetes condition. DSMT consists of individual sessions or group sessions which may be furnished by a physician (MD or DO), Physician's Assistant, Registered Nurse Practitioner, or Registered Dietician. The services must be prescribed by a primary care practitioner in one of the following circumstances: 1) the member is initially diagnosed with diabetes or 2) the member was previously diagnosed with diabetes but a change has occurred in the member's diagnosis, medical condition or treatment regimen or the member is not meeting appropriate clinical outcomes. DSMT services are limited to 10 hours, annually. Beneficiaries of the EPSDT benefit may receive services in excess of the 10-hour limitation.

Community Health Worker Services

Arizona state certified Community Health Workers (CHW) may provide AHCCCS-covered patient education and preventive services to individuals with a chronic condition or at risk for a chronic condition or for individuals with a documented barrier that is affecting the individual's health. CHW services must be recommended by a physician or other licensed practitioner of the healing arts acting within the scope of authorized practice under State law. Services must be documented in the member's medical record and may include:

- Health system navigation and resource coordination,
- Health education and training. The purpose of this service is to train and/or increase the member's awareness of methods and measures that have been proven effective in avoiding illness and/or lessening its effects. The content of the education must be consistent with established or recognized healthcare standards, or
- Health promotion and coaching. The purpose of this service is to provide information and training to members that enables them to make positive contributions to their health status.